

June 2022 Calendar pg. 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>Community Exploration Matthew 25 (Parkcrest)</p> <p>Wellness Swimming Safety Skills Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>7</p> <p>Community Exploration Matthew 25 (Drex) Volunteer (Allyn) Book Club (Drex) Tour TQL Stadium Bring \$5.00</p> <p>Wellness Chair Yoga Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p>8</p> <p>Community Exploration Cincinnati Art Museum</p> <p>Wellness Participant Led Exercises Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>9</p> <p>Community Exploration Volunteer (Allyn) Library</p> <p>Wellness 40 Free Things to do this Summer Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p>10</p> <p>Community Exploration Advocacy Discussion at Allyn Parkcrest and Drex go Swimming</p> <p>Wellness Check Swimming Supplies, Sunscreen, Lunches, etc.</p> <p>Craft or Physical Hobbies</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>13</p> <p>Community Exploration Book Club at the Library (Drex) Visit a Great Park of Hamilton County</p> <p>Wellness Walking Group or Participant's Choice Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>14</p> <p>Community Exploration Matthew 25 (Parkcrest) Participant's Choice Bowling or Casino Bring \$\$\$</p> <p>Wellness Common Summer Pests Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p>15</p> <p>Community Exploration Participant's Choice Bring \$5.00</p> <p>Wellness The Importance of Staying Hydrated this Summer Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>16</p> <p>Community Exploration / Continuing Knowledge Groups from all locations at Drex for Creative Aging Concert Series Classical Surprise</p> <p>Participants' Choice for all the rest</p> <p>Wellness Walking Group or Group Discussion Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p>17</p> <p>Community Exploration Parkcrest and Drex Swimming Advocacy Discussion at Allyn</p> <p>Wellness Facts About Food Poisoning Check Swimming Supplies, Sunscreen, Lunches, etc.</p> <p>Craft or Physical Hobbies</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>20</p> <p>Community Exploration Matthew 25 (Parkcrest) Volunteer (Allyn) Participant's Choice (Drex)</p> <p>Wellness Walking Group or Group Discussion Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>21</p> <p>Community Exploration Matthew 25 (Drex) Cincinnati Zoo (Allyn and Parkcrest)</p> <p>Wellness Karaoke Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p>22</p> <p>Community Exploration Book Club (Drex) Volunteering (Allyn) Queen City Soup Kitchen (Parkcrest)</p> <p>Wellness Walking Group Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>23</p> <p>Community Exploration Participant's Choice Bring \$5.00</p> <p>Wellness Dance Party! Dance to Your Favorite Songs Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p>24</p> <p>Community Exploration Parkcrest and Drex Swimming Advocacy Discussion at Allyn</p> <p>Wellness Heat Awareness and Sunscreen Application Check Swimming Supplies, Sunscreen, Lunches, etc.</p> <p>Craft or Physical Hobbies</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>27</p> <p>Community Exploration Matthew 25 (Parkcrest) Volunteer (Allyn) Participant's Choice (Drex)</p> <p>Wellness Walking Group or Group Discussion Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>28</p> <p>Community Exploration Matthew 25 (Drex) Cincinnati Zoo or Lunch Out (Allyn and Parkcrest) Bring \$\$</p> <p>Wellness "Everybody's Free to Wear Sunscreen" Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p>29</p> <p>Community Exploration Book Club (Drex) Volunteering (Allyn) Queen City Soup Kitchen (Parkcrest)</p> <p>Wellness Karaoke Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p>30</p> <p>Community Exploration Go to the Movie Theater Bring \$8.00 Participants' Choice</p> <p>Wellness Fireworks Safety! Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies Watch a Summer Movie Classic—Choose from "Jaws" "Independence Day" or "Sandlot"</p>	<p>July 1st</p> <p>Community Exploration Parkcrest and Drex go Swimming Advocacy Discussion at Allyn</p> <p>Wellness Fireworks Safety! Check Swimming Supplies, Sunscreen, Lunches, etc.</p> <p>Craft or Physical Hobbies</p> <p style="text-align: center;">MONDAY JULY 4TH PROGRAM CLOSED</p>