

# July 2022 Calendar pg. 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>July 4th</b></p>          <p><b>PROGRAM CLOSED MONDAY JULY 4TH PROGRAM CLOSED</b></p>	<p><b>5</b></p> <p>Community Explorat1ion Book Club (Drex) Matthew 25 (Parkcrest) Casino/Horse Races Bring ID and \$\$ (Allyn)</p> <p><b>Wellness</b> Walking Group Allyn goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p><b>6</b></p> <p><b>Community Exploration Groups from all locations - Creative Aging Concert Series</b> Cincinnati Zoo</p> <p><b>Wellness</b> Walk the Building for Safety Checks- Common Sense Safety Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p><b>7</b></p> <p><b>Community Exploration</b> Volunteer (Allyn) Visit Arboretum or Botanical Gardens</p> <p><b>Wellness</b> Karaoke Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p><b>8</b></p> <p><b>Community Exploration</b> Participant's Choice (Allyn) and Advocacy Discussion Parkcrest and Drex go Swimming</p> <p><b>Wellness</b> Check Swimming Supplies, Sunscreen, Lunches, etc.</p> <p>Craft or Physical Hobbies</p>

# July 2022 Calendar pg. 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11 Cincinnati Burger Week</b></p> <p><b>Community Exploration</b> Matthew 25 (Parkcrest or Drex) Cincinnati Nature Center (Allyn) Choose Burger Restaurant Bring \$10-\$15</p> <p><b>Wellness</b> Things to Do to Cure Summer Boredom Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p><b>12</b></p> <p><b>Community Exploration</b> Matthew 25 (Drex) Volunteer (Allyn) Book Club (Drex ) General Custer's Putt-Putt Bring \$9.00 (Parkcrest) or Casino/Horse Races (Allyn) Bring ID</p> <p><b>Wellness</b> Chair Yoga Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p><b>13</b></p> <p><b>Community Exploration</b> Cincinnati Zoo Movies Bring \$7.75 Burger Restaurant Bring \$10-\$15</p> <p><b>Wellness</b> Participant Led Exercises Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p><b>14</b></p> <p><b>Community Exploration</b> Volunteer (Allyn) Participant's Choice Library, Bowling or Burger Restaurant Bring \$10-\$15</p> <p><b>Wellness</b> 40 Free Things to do this Summer Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p><b>15</b></p> <p><b>Community Exploration</b> Advocacy Discussion at Allyn Parkcrest and Drex go Swimming at Allyn</p> <p><b>Wellness</b> Check Swimming Supplies, Sunscreen, Lunches, etc.</p> <p>Craft or Physical Hobbies</p>

# July 2022 Calendar pg. 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>18</b></p> <p><b>Community Exploration</b> Book Club at the Library (Drex) Hobby Group's Choice</p> <p><b>Wellness</b> Walking Group or Participant's Choice Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p><b>19</b></p> <p><b>Community Exploration</b> Farmer's Market of Cincinnati Zoo</p> <p><b>Wellness</b> Common Summer Pests Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p><b>20</b></p> <p><b>Community Exploration</b> Pickleball at Lunken Playfield Bring \$5.00 or Walk the Mall</p> <p><b>Wellness</b> Identify 8 Common Bug Bites Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p><b>21</b></p> <p><b>Community Exploration</b> Creative Aging Concert @Drex Hike in the Shade and Picnic in the Park</p> <p><b>Wellness</b> Walking Group</p> <p>Musical or Thinking Hobbies</p>	<p><b>22</b></p> <p><b>Community Exploration</b> Special Skills Football Invitational Columbus, Ohio Swimming at Allyn</p> <p><b>Wellness</b> Food Safe Summer</p> <p>Craft or Physical Hobbies</p>

# July 2022 Calendar pg. 4

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>25</b></p> <p><b>Community Exploration</b>                      Matthew 25 (Parkcrest)                      Volunteer (Allyn)                      Casino (Drex) <b>Bring ID \$\$</b></p> <p><b>Wellness</b>                      Walking Group or Group Discussion                      Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p><b>26</b></p> <p><b>Community Exploration</b>                      Matthew 25 (Drex)                      Cincinnati Zoo                      (Allyn and Parkcrest)</p> <p><b>Wellness</b>                      Sing along Songs                      Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p><b>27</b></p> <p><b>Community Exploration</b>                      Book Club (Drex) Volunteering                      (Allyn) Queen City Soup                      Kitchen (Parkcrest) or Play                      Outdoor Games; Lawn Darts,                      Corn Hole at a Park</p> <p><b>Wellness</b>                      Walking Group                      Allyn Goes Swimming</p> <p>Craft or Physical Hobbies</p>	<p><b>28</b></p> <p><b>Community Exploration</b>                      Shopping at Five Below or                      Book/Record Store</p> <p><b>Wellness</b>                      Funny Trivia Questions                      Allyn Goes Swimming</p> <p>Musical or Thinking Hobbies</p>	<p><b>29</b></p> <p><b>Community Exploration</b>                      Parkcrest and Drex Swimming                      Advocacy Discussion/Nail Art                      at Allyn</p> <p><b>Wellness</b>                      Heat Awareness and Sun-                      screen Application                      Check Swimming Supplies,                      Sunscreen, Lunches, etc.</p> <p>Craft or Physical Hobbies</p>