

September 2022 Calendar pg. 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>PROGRAM CLOSED</p> <p>For Labor Day</p> <p>PROGRAM CLOSED</p>	<p>6 YOGA MONTH</p> <p>Community Explorat1ion Book Club (Drex)</p> <p>Matthew 25 (Drex)</p> <p>Meals on Wheels (Drex)</p> <p>Crossroads (Allyn)</p> <p>Straus Troy Market at Fountain Square Bring \$\$</p> <p>Wellness</p> <p>Yoga Poses</p> <p>Continuing Knowledge</p> <p>History of Yoga</p> <p>Tech Lab/Game Day</p> <p>Play Modern Jeopardy Trivia</p> <p>Creative Expression</p> <p>How Yoga Poses got their Names</p>	<p>7</p> <p>Community Exploration Groups from all locations - Creative Aging Concert Series At Drex John Louis, Magician</p> <p>Meals on Wheels (Parkcrest)</p> <p>Participant's Choice</p> <p>Wellness</p> <p>Monthly Building and Safety Check</p> <p>Continuing Knowledge</p> <p>Don't Wear White Day and other fashion rules</p> <p>Creative Expression</p> <p>Where Have I Traveled</p>	<p>8</p> <p>Community Exploration Volunteer (Allyn)</p> <p>Zoo or Bowling Bring \$\$</p> <p>Wellness</p> <p>Master Strickland (Allyn)</p> <p>Let's Dance to Polka Music! (Drex and Parkcrest)</p> <p>Continuing Knowledge</p> <p>What is Oktoberfest?</p> <p>Tech Lab/Game Day</p> <p>Creative Expression</p> <p>Make a Washer Necklace</p>	<p>9</p> <p>Community Exploration Luke 5 Adventures (Drex)</p> <p>Basketball at Drex (Parkcrest)</p> <p>Participant's Choice (Allyn)</p> <p>Wellness</p> <p>Shake Those Hips to Elvis Music!</p> <p>Continuing Knowledge</p> <p>Activity Connection Elvis on Ed Sullivan Show</p> <p>Creative Expression</p> <p>Watch an Elvis Movie</p>

September 2022 Calendar pg. 2

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<p>12 DSP WEEK Wear Tie-Dyed Shirt Day</p> <p>Community Exploration Matthew 25 (Drex) Cincinnati Nature Center (Allyn) Participant's Choice (Parkcrest)</p> <p>Wellness Master Strickland (Drex) 10:00 (Parkcrest) 11:00 Yoga (Allyn)</p> <p>Continuing Knowledge History of Puzzles</p> <p>Creative Expression Decorate Frames /w Puzzle Pieces or other Embellishments</p>	<p>13 Wear Super Hero Shirt Day</p> <p>Community Exploration Matthew 25 (Parkcrest) Reading Library(Drex) Meals on Wheels (Drex) Zoo or Bowling Bring \$10</p> <p>Wellness Freeze Dance Yoga</p> <p>Continuing Knowledge Activity Connection– Miss Manners Day</p> <p>Tech Lab/Game Room</p> <p>Creative Expression Make a Manners Banner (Group Project)</p>	<p>14 Wear Wacky Socks Day</p> <p>Community Exploration Reading Library (Drex) Meals on Wheels (Parkcrest) Movies Bring \$7.75 or Participant's Choice</p> <p>Wellness Fall Meditation</p> <p>Continuing Knowledge Latest News from James Webb Telescope</p> <p>Creative Expression Paint a Galaxy</p>	<p>15 Stone Soup Day</p> <p>Community Exploration Volunteer (Allyn) Creative Aging Concert - Al and Marty at the Guitar, Piano, Vocals</p> <p>Wellness Master Strickland (Allyn) Silly Animal Yoga Poses</p> <p>Continuing Knowledge The Story of Stone Soup</p> <p>Tech Lab/Game Room</p> <p>Creative Expression Make "Stone Soup" then share</p>	<p>16 DSP Thank you Day</p> <p>Community Exploration Luke 5 Adventures (Allyn) Ken Anderson Just Brew Coffee House in Silverton or Harrison Bring \$\$ for Coffee or Lunch</p> <p>Wellness Minute-to-Win-it Games</p> <p>Continuing Knowledge O2 Urban Farms Video</p> <p>Creative Expression Make Thank You Cards for DSP's</p>

September 2022 Calendar pg. 3

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<p>19 Science Week</p> <p>Community Exploration Matthew 25 (Parkcrest) Zoo/Movies/Bowling</p> <p>Wellness Ping Pong Drop Game Master Strickland (Drex & Parkcrest)</p> <p>Continuing Knowledge Rainbow Science Experiment</p> <p>Creative Expression Coffee Filter Rainbow</p>	<p>20</p> <p>Community Exploration Reading Library (Drex) Matthew 25 (Drex) Meals on Wheels (Parkcrest) Straus Troy Market Bring \$\$</p> <p>Wellness Beach Ball Roll Minute to Win it Game</p> <p>Continuing Knowledge Patterns in Nature</p> <p>Tech Lab/Game Room</p> <p>Creative Expression Make Patterns on Canvas with Heishi Beads</p>	<p>21</p> <p>Community Exploration Reading Library (Drex) Meals on Wheels (Drex) Matthew 25 (Parkcrest) Bowling or Cincinnati Zoo</p> <p>Wellness String and Ball Challenge</p> <p>Continuing Knowledge Rain Cloud in a Jar Experiment</p> <p>Creative Expression Make a "Rain" Picture</p>	<p>22</p> <p>Community Exploration Buy Some Apples!! Hollmeyer, Gorman Heritage, Blooms and Berries or Burger Farms</p> <p>Wellness Toilet Paper and a Cup of Water Minute to win it Master Strickland 11:15-11:45 (Allyn)</p> <p>Continuing Knowledge Sundials</p> <p>Tech Lab/Game Room</p> <p>Creative Expression Make a Sundial</p>	<p>23</p> <p>Community Exploration Luke 5 Adventures (Parkcrest) Basketball at Drex (Allyn) Participant's Choice</p> <p>Wellness Ping Pong Ball Transfer Race</p> <p>Continuing Knowledge Love/Hate/Ignore Experiment</p> <p>Creative Expression Re-create the Love/Hate/Ignore Experiment</p>

September 2022 Calendar pg. 4

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<p>26 Poetry Week</p> <p>Community Exploration Matthew 25 (Drex) Volunteer (Allyn) Movies Bring \$7.50</p> <p>Wellness Master Strickland 10:00 (Drex) Master Strickland 11:00 (Parkcrest) Chair Yoga</p> <p>Continuing Knowledge A Little History of Poetry video</p> <p>Creative Expression Write a short poem about today's weather</p>	<p>27</p> <p>Community Exploration Matthew 25 (Parkcrest) Reading Library (Drex) Meals on Wheels (Drex) Give Like a Mother (Allyn) Straus Troy Market at Fountain Square</p> <p>Wellness Yoga Meditation</p> <p>Continuing Knowledge How to write a poem in just 3 minutes Tech Lab/Game Room</p> <p>Creative Expression Write a 3 Line Poem</p>	<p>28</p> <p>Community Exploration Book Club (Drex) Volunteering (Allyn) Meals on Wheels (Parkcrest)</p> <p>Wellness Walking Group Inside or Outside</p> <p>Continuing Knowledge Types of Poetry</p> <p>Creative Expression Write a Poem Using Your Favorite Type of Poetry</p>	<p>29</p> <p>Community Exploration Tailgating For Bengals vs Miami Game—Bring Your Lunch and come to Drex or Participant's Choice</p> <p>Wellness Karaoke! Master Strickland 11:15-11:45 (Allyn)</p> <p>Continuing Knowledge 50 Great Poems Read by Celebrities Tech Lab/Game Room</p> <p>Creative Expression Read Poetry Out loud! From "The 100 Best Poems of all Times" book</p>	<p>Community Exploration Shopping at Dollar Tree/Meijer/Book Store/Record Store Or Participant's Choice</p> <p>Wellness Yoga! Music for Yoga Moves</p> <p>Continuing Knowledge On this Day in History</p> <p>Creative Expression Making Decorative Apples and 10 Apple Recipes</p>