

# November 2023 pg. 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>10/30</b>	<b>10/31</b>	<b>11/1</b>	<b>11/2</b>	<b>11/3</b>
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
Halloween Party  Parkcrest - Matthew 25	Allyn - Participant Choice Drex - Visionary & Voices Drex - Matthew 25 Parkcrest - Meals on Wheels Parkcrest and Drex - Spring Grove Cemetary with V&V	Allyn - Batavia Library & Crossroads Drex - Meals on Wheels Drex - Liberty Center Parkcrest - Shopping nearby Parkcrest - Lunch out for Robert's birthday	Allyn - Batavia Bowl Drex - Bowling \$10 Drex - Cincinnati Zoo Parkcrest- Crossroads Oakley	Allyn - Explore New Places Ind. Choice Drex- Bryan Equipment Drex - Book Club Parkcrest - Bowling Step-up Fall Festival - 1 small group from each location
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
Master Strickland - Drex & Parkcrest  Zumba	<b>Monster Mash Dance Party</b>	<b>Wiser Now Wednesday</b>	Master Strickland - Allyn  Oral Care	The Seven Dimensions of Wellness
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
Mindful Eating to Avoid Binging on Halloween Candy	Halloween Program Party Crafts	Kindness Month  Random Acts of Kindness	Make Deviled Eggs	National Jersey Day!!!!!! Current Events
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
-Make a moon painting with sponge -What is your Haloween Super Power?	Halloween Themed Party Games  V & V at Parkcrest and Drex	<b>Individual Choice of Game</b>	<b>Autumn Art</b> Make God's Eye craft	<b>Group games using Smartboard</b>

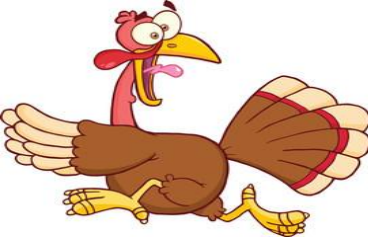

# Cincinnati Pizza Week - Nov. 2023 pg. 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/6</b>	<b>11/7</b>	<b>11/8</b>	<b>11/9</b>	<b>11/10</b>
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
<p>Allyn -Cinci Nature Center (V)                      Drex - Matthew 25 (V)                      Drex - Pizza Week \$15                      Parkcrest - Crossroads Oakley (V)                      Parkcrest - Hobby Lobby</p>	<p>Allyn - Crossroads (V)                      Drex - Meals on Wheels (V)                      Drex - Pizza Week \$15                      Parkcrest - Matthew 25 (V)</p>	<p>Allyn - Batavia Bowl Bowling &amp; Pizza \$10.                      Drex - Pizza Week \$15                      Drex - Book Club                      Parkcrest - Meals on Wheels (V)                      Parkcrest - Local Library</p>	<p><b>Mini-Pony Visit at Allyn 12 - 1 -ALL</b></p> <p>Allyn - Dollar Tree                      Drex - Crossroads Oakley (V)                      Parkcrest/ Drex - Go to Allyn</p>	<p><b>Program Closed Staff In-Service</b></p>
Wellness —	Wellness —	Wellness —	Wellness —	
<p>Master Strickland - Drex &amp; Parkcrest                      Group Fun Fitness</p>	<p>Tone It Tuesday with Individual                      Choice of workout from YouTube</p>	<p><b>Wiser Now Wednesday</b></p>	<p>Master Strickland -Allyn                      Wellness Walk  <b>Friendship Builder</b></p>	
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	
<p>Learn About The Saxophone                      Sports News &amp; more</p>	<p>Writing Skills:                      I am Thankful for ____ .                      Why good manners matter discussion.</p>	<p>Life Skills: Organize Program Supplies,                      Games &amp; Activiites                      YouTube Famous Pianist</p>	<p>World Freedom Day                      Review The Bill Of Rights</p>	<p><b>Program Closed Staff In-Service</b></p>
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	
<p>Pinterest Pine Cone Turkey &amp;                      Create a Pine Cone Turkey</p>	<p>Free Style Autumn Art                      Card &amp; Board Games</p>	<p>Random Trivia &amp; Puzzles                      Create Jumbo Memory Match Game &amp;                      Play Memory Match</p>	<p>Make Art Using Red, White &amp; Blue                      Paint to express your Freedom                      Individual Choice of Activity</p>	<p><b>Program Closed Staff In-Service</b></p>

# November 2023 pg. 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/13</b>	<b>11/14</b>	<b>11/15</b>	<b>11/16</b>	<b>11/17</b>
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
<p>Allyn- Crossroads (V) Drex - Crossroads (V) Drex - Book Club Parkcrest - Matthew 25 (V)</p>	<p><b>Cinci Shakespeare Theatre: A Midsummer Night's Dream - \$14 paid in advance</b></p> <p><b>CYLCONES GAME: All locations must be paid in advance \$10</b> Allyn - Angelo's Pizza (V) Drex - Matthew 25 (V) Parkcrest - Meals on Wheels (V)</p>	<p>Allyn - Bass Pro Shop Drex - Meals on Wheels (V) Drex - Record Store Parkcrest - Zoo or Bowling</p>	<p><b>Creative Aging at Drex - All</b></p> <p>Allyn - Goshen Branch Library Drex - Joseph Beth Drex - Yotta Quest Games Parkcrest - Crossroads Oakley (V)</p>	<p>Allyn - Bryan Equipment (V) Drex - Queen City Clay (V) Drex - Discount Warehouse Parkcrest - New Life Furniture (V)</p>
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
<p>Master Strickland - Drex/Parkcrest Allyn - Nutrition Trivia</p>	<p><b>Friendship Builder</b></p>	<p><b>Wiser Now Wednesday</b></p>	<p>Master Strickland -Allyn Drex/Parkcrest - Nutrition Trivia</p>	<p><b>DANCE PARTY FRIDAY</b></p>
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
<p>Random World Kindness Day What does it mean? How can I participate?</p>	<p>Who is Shakespeare and when was the Shakespeare Theatre built</p>	<p>What is the purpose of Meals on Wheels?</p>	<p>Research Table Decorations for Thanksgiving</p>	<p>What is New Life Furniture? What do they do and who do they serve?</p>
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
<p>Make Kindness Candy Design Kindness flyers and Post around the building</p>	<p>Make a Shakespearean Collar with Coffee Filters and Ribbon</p>	<p>Make Lovely Legume Balls for Thanksgiving Feast decor</p>	<p>Gather supplies for favorite Table Decoration Ideas.</p>	<p>Clean up the Art Areas, Take home projects, Organize the Closets, Scrub Tables</p>

# November 2023 pg. 4

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/20</b>	<b>11/21</b>	<b>11/22</b>	<b>11/23</b>	<b>11/24</b>
<p>Allyn - Crossroads (V) Drex - Matthew 25 (V) Drex - Visit an Electronics Store. Parkcrest - Crossroads Oakley (V) Parkcrest - Visit a Local Library</p>	<p>Community Outing—</p> <p><b>Allyn - Casino \$ &amp; I.D.</b></p> <p>Drex - Meals on Wheels (V) <b>Drex - Casino \$ &amp; I.D.</b> Parkcrest - Matthew 25 (V)</p>	<p>Community Outing—</p> <p>Allyn - No Outings Drex - No Outings Parkcrest - Meals on Wheels (V)</p>	<p>Agency Closed Thanksgiving Break</p>	
Wellness —	Wellness —	Wellness —		
<p>What are health portions for thanksgiving</p>	<p>Low Impact Cardio video</p>	<p><b>Wiser Now Wednesday</b></p>		<p>Agency Closed Thanksgiving Break</p>
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —		
<p>Beautiful Day What is Beautiful in you life. Learn to sing "What a Beautiful Morning"</p>	<p>Learn about Native American Heritage Month</p>	<p><b>Thanksgiving Feast</b></p>		
Creative Expression—	Creative Expression—	Creative Expression—	<p>Agency Closed Thanksgiving Break</p>	
<p>Make Thanksgiving Feast decorations Make Thankful Leaves</p>	<p>Make Thanksgiving Feast decorations Make Thankful Leaves Make a Turkey Trap!</p>	<p>Decorating Tables</p> <p>Games Thanksgiving Bingo</p>		

# November 2023 pg. 5

Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/27</b>	<b>11/28</b>	<b>11/29</b>	<b>11/30</b>	<b>12/1</b>
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
<p>Allyn - Crossroads ( V)                      Drex - Crossroads (V)                      Drex - Find Something Peppermint!                      Parkcrest - Matthew 25 (V)</p>	<p>Allyn - Kenwood Mall                      Drex - Matthew 25 (V)                      Parkcrest - Meals on Wheels (V)</p>	<p>Allyn - Meijer                      Drex - Meals on Wheels (V)                      Drex - Bowling \$10                      Parkcrest - Zoo or Bowling</p>	<p>Allyn - Jungle Jim's                      Drex - Book Club                      Drex - Jungle Jim's                      Parkcrest - Crossroads Oakley(V)                      Parkcrest - Holiday Junction @                      Cincinnati Museum Center</p>	<p>Allyn - Eastgate Mall                      Drex - Bryan Equipment (V)                      Drex - SBK Gifts                      Parkcrest - New Life Furniture (V)</p>
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
<p>Master Strickland - Drex and Parkcrest                      Allyn - Chair Yoga Video</p>	<p>Gimme an E for Exercise!</p>	<p><b>Wiser Now                      Wednesday</b></p>	<p>Master Strickland - Allyn                      Drex/Parkcrest - Chair Yoga Video</p>	<p><b>Dance Party Friday!</b></p>
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
<p>Health Benefits of Pumpkin</p>	<p>Managing stress during the holiday season</p>	<p>How is Yarn Made? Colored?</p>	<p>Research ideas for creating a Holiday House</p>	<p>The Importance of putting items back where you got them.   <a href="http://www.fiology.com">www.fiology.com</a></p>
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
<p>Bake Pumpkin Muffins with Apple Sauce</p>	<p>Visionaries &amp; Voices @ Drex and Parkcrest</p>	<p>Yarn-wrapped Tree</p>	<p>Tissue Box Holiday House</p>	<p>Finish up Yarn Tree and Holiday House</p>