

TO BE COMPLETED, SIGNED AND DATED ONLY BY PHYSICIAN OR CNP

## (PLEASE PRINT)

Participant's Name \_\_\_\_\_  
 Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex \_\_\_\_ Height \_\_\_\_ Weight \_\_\_\_ BP \_\_\_\_ Temp \_\_\_\_ Pulse \_\_\_\_ Resp. \_\_\_\_  
 Physician Name \_\_\_\_\_  
 Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_  
 Diagnosis \_\_\_\_\_

Please return by:

Mail: Client Services  
 Stepping Stones  
 5650 Given Rd.  
 Cincinnati, OH 45243

PDF:  
 jeannie.ludwig@steppingstonesohio.org

Fax: 1-877-913-1293

## COMPLETE MEDICAL AND PHYSICAL HISTORY

(check all that apply)

\_\_\_ ADD  
 \_\_\_ ADHD  
 \_\_\_ Arthritis  
 \_\_\_ Aspergers  
 \_\_\_ Auditory Impairment (circle correct side)  
     Hearing Aid      left      right  
     P.E. Tubes      left      right  
     Cochlear Implant      left      right

\_\_\_ Autism Spectrum Disorder  
 \_\_\_ Bleeding Disorder  
 \_\_\_ Brain Injury  
 \_\_\_ Cardiac Diagnosis  
 \_\_\_ Cerebral Palsy  
 \_\_\_ Circulatory Disorder  
     \_\_\_ PVD  
     \_\_\_ Atherosclerosis  
     \_\_\_ Other \_\_\_\_\_  
 \_\_\_ Communicable Disease  
     Describe \_\_\_\_\_  
 \_\_\_ Dermatological Condition  
     Describe \_\_\_\_\_  
 \_\_\_ Developmental Disability  
 \_\_\_ Down Syndrome  
 \_\_\_ Gastrointestinal Conditions:  
     \_\_\_ Celiac Disease      \_\_\_ Crohn's Disease  
     \_\_\_ Other \_\_\_\_\_  
 \_\_\_ Hydrocephalus  
 \_\_\_ Learning Disability  
 \_\_\_ Microcephalus

\_\_\_ Mental Health Disorder  
     \_\_\_ Bi-Polar  
     \_\_\_ OCD  
     \_\_\_ Schizophrenia  
     \_\_\_ Other \_\_\_\_\_  
 \_\_\_ Paraplegia  
 \_\_\_ Prader-Willi Syndrome  
 \_\_\_ Quadriplegia  
 \_\_\_ Respiratory Disorder  
     \_\_\_ Asthma      \_\_\_ Inhaler      \_\_\_ Nebulizer      \_\_\_ C-Pap/Bi-PAP  
     \_\_\_ COPD      \_\_\_ Oxygen  
     \_\_\_ Tracheostomy  
 \_\_\_ Scoliosis  
 \_\_\_ Sensory Processing Disorder  
 \_\_\_ Seizure Disorder  
     Type \_\_\_\_\_  
 \_\_\_ Spina Bifida  
 \_\_\_ Shunt  
     Type \_\_\_\_\_  
     Location \_\_\_\_\_  
 \_\_\_ Uses Wheelchair      \_\_\_ Manual      \_\_\_ Electric  
 \_\_\_ Visual Impairment  
     \_\_\_ Glasses      \_\_\_ Contacts

Additional Diagnosis: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

☐ NOT APPLICABLE

## ALLERGIES

(food, environmental, seasonal, medications, insects, other)

Allergy	Signs & Symptoms	Treatment
_____	_____	_____
_____	_____	_____
_____	_____	_____

☐ NOT APPLICABLE

## EPI-PEN

(MUST BE PROVIDED BY PARENT/GUARDIAN)

Administered for SEVERE allergic reactions to \_\_\_\_\_ Dosage \_\_\_\_\_  
 If Epi-Pen is administered, 911 will always be called

Physician Name (print) \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Participant Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

☐ DOES NOT TAKE PRESCRIPTION DRUGS

### PRESCRIPTION/OTC DRUGS

**ATTACH CURRENT MEDICATION RECORD (must be signed and dated by medical provider)**

**Due to state regulations, a doctor's signature is needed for the following PRN's:**

\_\_\_ **Acetaminophen** - Follow directions on packaging as needed

\_\_\_ **Ibuprofen** - Follow directions on packaging as needed

\_\_\_ **Additional PRN Medication** \_\_\_\_\_

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\_\_\_ **Additional PRN Medication** \_\_\_\_\_

### IMMUNIZATIONS

Please attach a signed and dated printout of immunizations.

☐ NOT APPLICABLE

### SEIZURE TREATMENT PROTOCOL

(Treatment order and **EMERGENCY PLAN**)

Treatment Order Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Treatment: \_\_\_ VNS (vagal nerve stimulator) magnet for seizure > \_\_\_\_ minutes

\_\_\_ Versed/Nayzilam (nasal midazolam) \_\_\_\_\_ PRN for seizure > \_\_\_\_ minutes

\_\_\_ Valtoco (nasal midazolam) \_\_\_\_\_ PRN for seizure > \_\_\_\_ minutes

\_\_\_ Diastat (Rectal Gel) \_\_\_\_\_ mg rectally PRN for seizure > \_\_\_\_ minutes

Other Medication: \_\_\_\_\_ (please specify)

\_\_\_ No Emergency Medication Prescribed

Comments \_\_\_\_\_

☐ NOT APPLICABLE

### TB TEST/CHEST X-RAY\*

TB Skin Test Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Type: (circle one) PPD Mantoux Result: \_\_\_\_\_

Chest x-ray Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Findings: \_\_\_\_\_

\*not required for admission

☐ NOT APPLICABLE

### PERSONS WITH DOWN SYNDROME

\_\_\_ Negative Cervical x-ray for Atlantoaxial Instability.\*

X-ray date \_\_\_\_/\_\_\_\_/\_\_\_\_ Positive \_\_\_ Negative for clinical symptoms of Atlantoalial Instability

\*not required for admission

☐ NOT APPLICABLE

### TOILETING INSTRUCTIONS

Colostomy Yes \_\_\_ No \_\_\_

Ileostomy Yes \_\_\_ No \_\_\_

Collection Bag Yes \_\_\_ No \_\_\_ Type \_\_\_\_\_

Catheter Yes \_\_\_ No \_\_\_ Type \_\_\_\_\_

How Often \_\_\_\_\_

Physician Name (print) \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Participant Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_/\_\_\_\_/\_\_\_\_

### ACTIVITY RESTRICTIONS

Is the individual restricted from participation in any activities (swimming, hiking, fitness activities, etc.)

Please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please check if the individual is subject to the following:

_____ Sunburn	_____ Frequent Colds	_____ Dizziness/Fainting Spells	_____ Constipation
_____ Frostbite	_____ Bronchitis	_____ Ear Infection	_____ Diarrhea
_____ Sore Throat	_____ Pneumonia	_____ Sinus Infection	_____ Nausea/Vomiting
_____ Skin Rash	_____ Hernia	_____ Must Not Get Water In Ears	_____ Stay Out of Water
_____ Hypertension	_____ Heart Defect/Dise	_____ MRSA/VRE	_____ Dehydration
_____ Vaginal Infections		_____ Decubiti/Skin Breakdown	
_____ Menstrual Problems		_____ Urinary Infections	

### DIETARY NEEDS

**Dietary Restrictions** Yes \_\_\_\_\_ No \_\_\_\_\_

**If Yes, please fill out below :**

Is participant NPO at all times: Yes \_\_\_\_\_ No \_\_\_\_\_

Type of tube: Gastrostomy \_\_\_\_\_ Jejunostomy \_\_\_\_\_ Nasogastric \_\_\_\_\_

Type of formula: \_\_\_\_\_ Amount \_\_\_\_\_ Water Amount \_\_\_\_\_

Time(s): \_\_\_\_\_ Method of administration: (will be gravity flow unless stipulated )

\_\_\_\_\_

**Food Allergy:** \_\_\_\_\_

**Special Precautions:** \_\_\_\_\_

\_\_\_\_\_

☐ NOT APPLICABLE

### DIABETIC NEEDS

### INSULIN SLIDING SCALE

Diet Requirements: (be specific) \_\_\_\_\_

Insulin: \_\_\_\_yes \_\_\_\_ no Type \_\_\_\_\_

Daily Dosages/Bolus/Basal: \_\_\_\_\_

\_\_\_\_\_

Detailed Orders: \_\_\_\_\_

\_\_\_\_\_

Glucagon: \_\_\_\_ yes \_\_\_\_ no Protocol For Administration \_\_\_\_\_

Treatment for Hypoglycemia: \_\_\_\_\_

**Physician Name (print)** \_\_\_\_\_ **Signature** \_\_\_\_\_ **Date** \_\_\_\_/\_\_\_\_/\_\_\_\_