

2025 Calendar pg. 1

Monday	Tuesday	Wednesday	Thursday	Friday
8/4	8/5	8/6	8/7	8/8
Community Outing— All Locations: Swim @ Allyn Allyn- Summer Free Movie RJ Cinema Drex - Crossroads (V) Parkcrest - Matthew 25 (V)	Community Outing— All Locations: Swim @ Allyn Allyn- Crossroads (V) , Kroger Drex - Nature Center (V), Matthew 25 (V) Parkcrest - Meals Wheels (V)	Community Outing— All Locations: Creative Aging @ Drex - Bones of Cincinnati All Locations: Swim @ Allyn Allyn: Batavia Branch Library Drex - Meals Wheels (V)	Community Outing— All Locations: Velveteen Rabbit performance @ Drex Allyn- Mthw 25 (V) Drex - Library, Movie \$10-15 Parkcrest - Crossroads (V)	Community Outing— All Locations: Ballet @ Drex All Locations: Swim @ Allyn Allyn- OH Machinery Show \$6.00 Drex - Kenwood Towne Center
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
Allyn- Fitness w/Barb Drex & Parkcrest - Master Strickland	Parkcrest - Fitness w/Barb YouTube Fitness Video Group Choice	Friendship Builder - Structured Turn Taking Sharing about what brings you joy without Interrupting one another	Allyn - Master Strickland Chair Fitness	Drex - Fitness w/Barb Dance Party Friday!!
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
Current Events Learn About Bob Ross	Name That Instrument Top 25 One-Hit Wonder of All Time	National Root Beer Float Day How It's Made Root Beer	National Purple Heart Day Learn About the Purple Heart Honor & Mission	National Pickleball Day Learn About Pickleball & Watch Video On Pickleball
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
YouTube How to draw Bob Ross Pictionary	Play Musical Instruments Finish the Lyrics	Make Root Beer Floats Dice Games	Make a banner in Honor of Purple Heart Day Karaoke	Practice Pickleball Skill Building or play Pickleball Card Games

2025 Calendar pg. 2

0

Monday	Tuesday	Wednesday	Thursday	Friday
8/11	8/12	8/13	8/14	8/15
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
All Locations: Swim @ Allyn Allyn- Nature Center (V) Drex - Matthew 25 (V) Parkcrest - Crossroads (V)	All Locations: Swim @ Allyn Allyn- Tri State Warbird Museum Drex - Meals Wheels (V) Parkcrest - Matthew 25 (V)	All Locations: Swim @ Allyn Allyn- Crossroads (V) Drex - Cincinnati Museum Ctr. \$ Parkcrest - Meals Wheels (V)	All Locations: Swim @ Allyn Allyn- Cincinnati Art Museum Drex - Crossroads (V), Coffee Shop \$ Parkcrest Cincinnati Art Museum	In Service - Program Closed
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
Allyn- Fitness w/Barb Drex & Parkcrest - Master Strickland	Parkcrest - Fitness w/ Barb Chair Yoga	Wheel of Wellness	Allyn - Master Strickland	
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
Most Popular Safari Destination	National Elephant Day Interesting Facts About Elephants	American Cultures: Traditions Customs of United States	Virtual Tour: Yellowstone National Park	
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
Create Mindful Breathing Cards & Practice Mindful Breathing Exercises	Create Mindful Breathing Cards & Practice Mindful Breathing Exercises	Create Mindful Breathing Cards & Practice Mindful Breathing Exercises	Create Mindful Breathing Cards & Practice Mindful Breathing Exercises	

2025 Calendar pg. 3

Monday	Tuesday	Wednesday	Thursday	Friday
8/18	8/19	8/20	8/21	8/22
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
All Locations: CMC Barbie Exhibit \$12.50 paid in advance Drex - Crossroads (V) Parkcrest - Matthew 25 (V)	Allyn - Crossroads (V) Drex - Matthew 25 (V), Take Photos at a Park Parkcrest - Meals Wheels (V), Western Hills Cinemark - \$6.50	Allyn - Cincinnati Art Museum Drex - Meals Wheels (V), Movies \$10-15 Parkcrest - Esther Price Candy Store, Wawa	All Locations: Creative Aging @ Drex - Chris Lee Allyn - Mthw 25 (V), Goshen Library Drex - Musical Instrument Store, Advocacy Trip @HCDD Parkcrest - Crossroads (V)	All Locations: Ballet @ Drex Drex - Bryan Equipment, Library Parkcrest - Bowling \$6.50
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
Allyn- Fitness w/Barb Drex & Parkcrest - Master Strickland	Parkcrest - Fitness w/Barb	Advocacy Discussion: How do I decide My outfits?	Allyn - Master Strickland Chair Yoga	Drex - Fitness w/Barb Dance Party Friday
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
Antiques Day -What is Antiques Roadshow? -Antiques Puzzlers	Cha-Ching Day -10 rare and valuable coins - learn about strange coins of the world	Surprise Science Lab	Magnified Giving	World's Best Cakes Magnified Giving
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
Keep Your Cool Day -Make a Hand Fan -Play "Cool " Charades	World Photo Day -Phone camera tricks -Go take some photos!	Design an Outfit	WWE Wrestling Fan Club -Make a Luchador mask	Make a Soda Cake Learn why Soda cakes work

2025 Calendar pg. 4

Monday	Tuesday	Wednesday	Thursday	Friday
8/25	8/26	8/27	8/28	8/29
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
Allyn - Crossroads (V) Drex - Matthew 25 (V), Target Parkcrest - Crossroads (V), Garden Center & out to lunch \$15	Allyn - Mall Walking Drex - Meals on Wheels (V), Cincinnati Art Museum Parkcrest - Matthew 25 (V), Record and Comic Stores	Allyn - Cincinnati Nature Center Drex - Library, Bowling \$8-10 Parkcrest - Meals on Wheels (V), Cincinnati Zoo	Allyn - Cincinnati Zoo Drex - Crossroads (V), Find a Smoothie \$ Parkcrest - Cincinnati Zoo, Local Shopping	All Locations: Ballet @ Drex Drex - Go To a Park, Half Price Books Parkcrest - Bowling \$6.50
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
Allyn- Fitness w/Barb Drex & Parkcrest - Master Strickland	Parkcrest - Fitness w/Barb Musical Yoga Day	Learn and Practice the 4 B's (see handout)	Allyn - Master Strickland Good Hygiene - Mens and Womens Group Discussions	Drex - Fitness w/Barb Beach Boys Dance Party!
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
Wizard of Oz Day	Make Your Own Luck Day National Dog Day	Just Because Day Guinness Book of World Records Day	"I Have A Dream" Day Magnified Giving	Beach Day - Learn about the Beach Boys Magnified Giving Eat Outside Day!
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
Design and Make a Wizard of Oz character Make donuts out of biscuit dough!	Bake Dog Biscuits	How Can We Spread Kindness in Our Community?	Paint with Watercolors	Paint with Watercolors