

January 2026 Calendar pg. 1

Monday		Tuesday		Wednesday		Thursday		Friday	
1/5		1/6		1/7		1/8		1/9	
Community Outing—		Community Outing—		Community Outing—		Community Outing—		Community Outing—	
Allyn- Crossroads (V) Drex - Crossroads (V); Deer Park Library Parkcrest - Matthew 25 (V); Deer Park Library		Allyn- Mall Walking Drex - Matthew 25 (V); Cincinnati Nature Center (V) Parkcrest - Meals on Wheels (V); Comic Book Stores		Allyn- Batavia Branch Library Drex - Meals on Wheels (V) Parkcrest - Cincinnati Art Museum		Allyn- Matthew 25 (V) Drex - Liberty Centre; Pet Store Parkcrest - Crossroads (V); Doschers Candy & Coffee House \$10		Allyn- Pizza & Bowling @ Batavia Bowl \$8.00 Drex - Ice Cream Shop \$8 ; Game Store Parkcrest - Bowling \$6.50 ; Participant Choice	
Wellness —		Wellness —		Wellness —		Wellness —		Wellness —	
Allyn- Fitness w/Barb Drex & Parkcrest - Master Strickland		Parkcrest - Fitness w/Barb Group Choice of Fun Fitness Video		Spin the Wheel of Wellness for Activity!		Allyn - Master Strickland Chair Fitness		Drex - Fitness w/Barb Dance Party Friday!!	
Continuing Knowledge —		Continuing Knowledge —		Continuing Knowledge —		Continuing Knowledge —		Continuing Knowledge —	
My OH: Coshocton Birds of OH Week! Take down and put away holiday decorations		Monthly Gazette Birds of OH Week! Take down and put away holiday decorations		Current Events Birds of OH Week! Take down and put away holiday decorations		Magnified Giving Birds of OH Week! Garden Club Sign-ups!		Magnified Giving Birds of OH Week! Garden Club Sign-ups!	
Creative Expression—		Creative Expression—		Creative Expression—		Creative Expression—		Creative Expression—	
Open Your Heart Art Project LOGOS		Open Your Heart Art Project YouTube: How to draw a bird step by step		Open Your Heart Art Project Make Pinecone Bird Feeder		Open Your Heart Art Project ASL Hangman		Open Your Heart Art Project Would you Rather	

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Monday	Tuesday	Wednesday	Thursday	Friday
1/12	1/13	1/14	1/15	1/16
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
Allyn- Cin Natur Center (V) Drex - Matthew 25 (V); Jungle Jim's Parkcrest - Crossroads (V); McDonald's or Wendy's \$10	Allyn- Crossroads (V) Drex - Meals on Wheels (V); Micro Center Parkcrest - Matthew 25 (V); Cincinnati Art Museum	Allyn- Mall Walking Drex - Library; Bowling \$6 Parkcrest - Drex for Gym; Bowling \$6.50	Allyn- Goshen Branch Library Drex - Crossroads (V); McDonald's or Wendy's \$10 Parkcrest - New Life Furn (V)	Allyn- Mystery Outing Drex - Dollar Tree; Micheal's Parkcrest - Kenwood Towne Center; Drex/ACT Museum
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
Allyn- Fitness w/Barb Drex & Parkcrest - Master Strickland	Parkcrest - Fitness w/Barb Basic Stretching Routine	Spin the Wheel of Wellness for Activity!	Allyn - Master Strickland Ways to stay active in the Winter	Drex - Fitness w/Barb Dance Party Friday!!
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
My OH: Crawford My Health Matters Week! Personal Goals Garden Club Sign-ups	My Health Matters Week! Practice Gratitude & Positivity Garden Club Sign-ups	My Health Matters Week! Replacing Unhealthy items & habits Garden Club Sign-ups	Magnified Giving My Health Matters Week!	Magnified Giving Martin Luther King Jr.
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
Open Your Heart Art Project Mindfulness Breathing & Doodling	Open Your Heart Art Project Meditation	Open Your Heart Art Project My Health Vision Board	Open Your Heart Art Project Make a Healthy Snack	Open Your Heart Art Project Group Choice of Games

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Monday	Tuesday	Wednesday	Thursday	Friday
1/19	1/20	1/21	1/22	1/23
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
Agency Closed MLK Day	Allyn- RJ Cinema \$5.00 Drex - Matthew 25 (V); Christ Church Music Parkcrest - Meals on Wheels (V); Thrift Store Shopping	Allyn- Crossroads (V) Drex - Meals on Wheels (V); Participant Choice Parkcrest - Half Price Books; Visit Drex	Allyn- Matthew 25 (V) Drex - Cincinnati Art Museum; Patty's Old Fashioned Popcorn \$5-10 Parkcrest - Crossroads (V); Jungle Jim's & Lunch at Camp Allyn	Allyn- Mall Walking Drex - Bryan Equipment; Library and recycling Parkcrest - Bowling \$6.50 ; Mystery Outing
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
	Parkcrest - Fitness w/Barb Ways to beat the Winter Blues	Advocacy Discussion: How do I make decisions? (Group Discussion)	Allyn - Master Strickland Proper Hydration	Drex - Fitness w/Barb Dance Party Friday!!
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
	Penguin Awareness Day -Learn all about Penguins -Playful Penguin crossword	WWE Fan Club Top Men & Women of Wrestling	Magnified Giving Pick up a Hobby Day -Learn about a different hobby	Magnified Giving Learn about the Rock and Roll Hall of Fame
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
	Learn to draw a Penguin or Make a craft stick penguin	Make Modge Podge Coasters	Answer Your Cat's Question Day -Make up questions a cat would ask -Learn to talk like a cat	Who is Kara Walker -Make a Black and white painting

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Monday	Tuesday	Wednesday	Thursday	Friday
1/26	1/27	1/28	1/29	1/30
Community Outing—	Community Outing—	Community Outing—	Community Outing—	Community Outing—
Allyn- New Richmond Library Drex - Matthew 25 (V); Comic Book Store Parkcrest - Crossroads (V); Five Below	Allyn- Crossroads (V) Drex - Meals on Wheels (V); Farbach Werner Animals in Nature Program \$9 Parkcrest - Matthew 25 (V); Farbach Werner Animals in Nature Program \$9	Little Women at Playhouse in the Park 10:00 am \$15 in advance Allyn- Jungle Jim's Drex - Five Below Parkcrest - Participant choice	Allyn- Matthew 25 (V) Drex - Visit Parkcrest, Hobby Lobby Parkcrest - New Life Furniture (V); Kennedy Heights Art Center and Visit Drex	Allyn- Cincinnati Art Museum Drex - Bowling \$6; Subway \$\$ Parkcrest - Westwood Library; Comic Book and Thrift Stores
Wellness —	Wellness —	Wellness —	Wellness —	Wellness —
Allyn- Fitness w/Barb Drex & Parkcrest - Master Strickland	Parkcrest - Fitness w/Barb Recap on Nutrition and things learned in Healthy Bearcats	Spin the Wheel of Wellness for Activity!	Allyn - Master Strickland Immunity & Illness Prevention	Drex - Fitness w/Barb Dance Party Friday!!
Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —	Continuing Knowledge —
My OH: Cuyahoga Winter Sports Week! Winter Olympic Sports	Winter Sports Week! Basketball	Winter Sports Week! Football International Lego Day - share pics and stories of your favorite Legos	Magnified Giving Winter Sports Week! Hockey	Magnified Giving Winter Sports Week! Whats Your Favorite Sport
Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—	Creative Expression—
Winter Olympics Highlights Plan Gardens	Trash Can Basketball Parkcrest - V&V Art Class Plan Gardens	Football Themed Craft Build with Legos! Plan Gardens	Sports Bloopers Plan Gardens	Target Toss Challenge Talent Show Plan Gardens